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# In The Meantime: Finding Yourself And The Love You Want



## **Synopsis**

THE #1 NATIONAL BESTSELLERWhat's love got to do with it in the meantime?You know where you want to be, but you have no clue how to get there. You know exactly what you want in life, but what you want is nowhere in sight. Perhaps your vision is unclear, your purpose still undefined. On top of it all, your relationships, particularly your romantic relationships, are failing. If these scenarios feel familiar way down in the deepest part of your gut -- then you, my dear, are smack dab in the middle of the meantime.Every living being wants to experience the light of love. The problem is that our windows are dirty! The windows of our hearts and minds are streaked with past pains and hurts, past memories and disappointments. In this book, Iyanla Vanzant teaches us how to do our mental housekeeping so that we can clean the windows, floors, walls, closets, and corners of our minds. If we do a good job, our spirits will shine bringing in the light of true love and happiness.

## **Book Information**

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## **Customer Reviews**

Many listeners will recognize relationship fairy-godmother Iyanla Vanzant's positively charged style from her frequent appearances on Oprah®. She infuses this reading of her own book with the cadences of a revival preacher on a Sunday morning. (It's no surprise, then, to find "ordained minister" listed in her biography.) Using housecleaning as her central analogy, she urges listeners to clean out their heads and souls if they want to be prepared for real love. Using anecdotes from her own life and those of others, she outlines how personal responsibility and respect for oneself can clean the attic, clearing the way for long, healthy relationships. (Running time: 2 hours, 2 cassettes) --Kimberly Heinrichs --This text refers to an out of print or unavailable edition of this title.

Self-help counselor Vanzant talks about creative and honest use of the "meantime" between relationships to help women (and men) avoid repeating unproductive behaviors of the past. She uses the metaphor of a house, starting in the basement with "willingness" and acknowledging that one has a problem. Next is the first floor, to identify the nature of the problem. On the second floor is trust, what to do about the problem. Finally, on the third floor, one "learns how to do what you know." That is, one possesses the inner resources to overcome the tendency to repeat past responses to situations. Vanzant reads this abridgment of her work with a tone that conveys empathy and no-nonsense, this-is-good-for-you advice. For self-help collections in public libraries.

The book is fine but it focuses more on vignettes about her life than it does on helping readers gain insight into cures for this so-called "meantime"

Initially when I read the preview of the book I thought, "This is so me! I'm in the meantime and I need help to declutter my house! I can relate to a lot of this." Once I got the book I was 100 pages in wondering what the heck happened. There are all the different scenarios and questions that people ask themselves while in the meantime and I could relate to a lot of it but there was no answer. It didn't tell me how to declutter anything to progress to the next floor. The ONLY thing I took from the book is that you have to love yourself inside and out to experience love from another etc. I stopped at page 122 and couldn't finish. I'm baffled at all the 5 star reviews people gave saying it was such a great read. I got tired of all the metaphors, analogies and scenarios without it saying anything about how to get out of those situations or stop repeating them.

I love Iyanla and I wanted so badly to love this book too. However, I felt that it never got down to the business of HOW. She circled around how important it is to "clean your house." and what each floor

signifies, etc. But she never actually laid out any type of instruction on how to begin doing "your work." I was very disappointed

A friend of mine told me how this book had opened her eyes & forever altered her life. Having a friend in prison for killing her abusive husband I decided to order it for her as a birthday present. She has not stopped thanking me, yet. Not only has it impacted her, but she is sharing the book with dozens of other women at this prison who are requesting to read it. She has sent me thank you letters from women that had engaged in every imaginable form of self-destructive behavior, including abusive partners, prostitution, and other unhealthy relationships. The letters from these women are amazing how this one book which I had hoped might help one dear friend has touched the lives of so many who I shall never know. The letters share a common theme explaining their previous unhealthy or destructive behavior, how this book has revealed the truth to them, and how they look forward to a more healthy, productive life in the future. This book belongs not only in every women's prison, but on every woman's bookshelf. You cannot go wrong buying this book for your girlfriend, sister, daughter, female friend, or any other woman.

Bought this at the end of a really bad breakup. I'd definitely recommend this to any woman who's been experiencing the trend of attracting the wrong type of man.

I'm not a big fan of her but a friend said this book was worth reading no it wasn't.

I've always been a open minded person, that is willing to change my perspective of life every chance I have. This book played a huge part in my life, helping me to recognize where I stand in love's house for myself. I realized how much I do love myself, how its not about the problems, not about the stress, the difficulty to get by, if you love yourself and all that you surround yourself with everything eventually just falls into place making your state of mind to be pure unconditional love (the attic). I found myself to be in the third floor for majority of my life, and just recently worked my way up to the top and really appreciate everything and everyone. to completely find myself and be satisfied with what the world has to offer. when you come across that stage, you notice that all the other people that feel that way towards life start to change their perspective. This book just opened a whole knew door for me. I'm young, but there's been so much going on in my life since I was 10 that this book helped me get through "my stuff", clean out my house and get everything straightened out.

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